

Module three:

who responds to an emergency?

Guidance notes

Module aim: to have an understanding of what might be lost/damaged in a disaster and what is needed to help people affected by disasters

Resources:

- > A diagram sheet to hand out.
- > Flip chart or sugar paper, coloured markers for designing camps
- > Cookie ingredients and a simple recipe for the cooking task
- > Delegate template for the interview task
- > Paper and pens and food pack template
- > Flip chart for making notes in discussion activity

Guidance notes

Module three

Hints and tips

- > Young people could choose in advance which of the four scenarios in activity two they will do and bring any resources they need.

Requirements for delegates

- > They must be adaptable, flexible and have sound judgment.
- > They should possess initiative, diplomacy and cultural sensitivity, and have the ability to live and work in a team, usually under difficult and sometimes dangerous conditions.
- > Sound mental and physical health is essential.
- > Supervision and training of local staff is an integral part of most assignments. All personnel must be computer literate.
- > They must fully accept the Red Cross' fundamental principles and be prepared to acquire an understanding of the Movement and its ideals.
- > Knowledge of foreign languages is always useful and encouraged.

Supplies or money?

- > When deciding whether to send supplies or money (activity three), ask:
 1. What will the money be used for?
 2. Who will you give the money/items to? How will you decide this?
 3. Where is it cheaper to buy the items – here or in the affected country?
 4. Are there shops in the country for people to buy these items?
 5. How good is the quality of the food/blankets/equipment in the country?
 6. Are there any problems transporting items or getting them into the country?
 7. If people spend in local shops, shopkeepers' income increases and this supports local businesses – how important is this?

Adapting for a younger group:

Instead of the planned discussion for activity three you might want to ask younger girls what they think a person their age would most want to be sent if they had lost all their belongings in a disaster. Then ask them to draw pictures of the item they would want sent and stick them up on the wall, telling each other what they would send to a child in a disaster zone and why.

Simple cookies recipe

- 1 cup of flour, sifted**
- ½ cup of icing sugar**
- ½ cup of butter, softened**
- 1 tsp. vanilla extract**

Preheat oven to 300°F or 150°C

In a large mixing bowl, combine the flour and sugar. Using a wooden spoon, blend in the butter and vanilla extract. Dough will be stiff.

Dust your hands with flour, and shape the dough into ¾-inch balls. Set on an ungreased cookie sheet and flatten by pressing with the tines of a floured fork, crosswise.

Bake for about 15 minutes, or until a pale golden brown. Remove immediately from cookie sheet and cool on wire rack.

Makes around 24 cookies.

Useful information:

What Red Cross food parcels actually contain:

One person's ration for 4 days

Commodity	Quantity
Tinned fruit, cans	5
Bread, loaf, long life, brown	1
Ryvita, pack	2
Long life milk, cartons	3
Marmite, jar	1
Plain biscuits, packets	3
Tinned fish	3
Tinned meats	3
Tinned potatoes	5
Sandwich spread	2
Cereal bars, packs	2
Fruit juice, cartons	3
Weetabix, box	1
Torch	1
Batteries, 4 pack	1
Toilet paper, 4 pack	1
Sanitiser hand gel	1