

Changing the World



Girlguiding UK:
Changing the world

Adopt a Shop Games and Fillers

We Save the Children  Will you?

How clean is your water?

This activity will teach girls how to make a basic water filter.

Equipment:

- 2 litre plastic bottle cut in half
- napkins or paper towells
- gravel, sand and cotton wool balls
- dirty water – make your own by mixing water with cooking oil, pieces of paper, mud and food colouring.

How to make the filter:

1. Put the top half of the plastic bottle upside-down (like a funnel) inside the bottom half. The top half will be where you build your filter; the bottom half will hold the filtered water.
2. Layer the filter materials inside the top half of the bottle. Think about what each material might remove from the dirty water and in what order you should layer the materials. For an added challenge, use only two of materials to build your filter.
3. Pour the dirty water through the filter. What does the filtered water look like?
4. Take the filter apart and look at the different layers. Can you tell what each material removed from the water?
5. Wipe the bottle clean and try again. Try putting materials in different layers or using different amounts of materials.

Taking it Further:

Experiment with different filter materials like differently sized pebbles.



Super nuts

Peanuts are rich in lots of good things like protein, niacin and magnesium and are a super-hero for starving children. Just one sachet of micro-nutrient peanut butter will help a starving child to survive and a 5 day course will get them back on track.

Make your own nutty biscuits

Ingredients:

- 200g crunchy peanut butter
- 125g unsalted butter
- 150g caster sugar
- 175g brown sugar
- 1 large egg
- 100-125g wholemeal flour
- 1 tsp bicarbonate of soda
- 100-125g rolled oats

How to make your biscuits

Heat the oven to 170C/gas mark 3. Beat the peanut butter, butter, sugars and egg until even and creamy. Beat in the flour and soda and then the oats. With a spoon put dollops of the mixture (about the size of a 50p because they'll spread) on a tray lined with non-stick baking paper, spacing them 3-4cm apart.

Bake for about 20 minutes until lightly coloured on top and soft underneath. Remove from the oven, leave to cool on the tray for 5 minutes then move to a wire rack to cool.

PLEASE BE AWARE OF NUT ALLERGIES



Pin the well

Equipment:

- Cut out picture of a well
- Large world map or globe

How to play pin the well:

Girls take it in turns to be blind folded and try to pin the well on the countries that are in most need of clean drinking water. Discuss the difference that clean drinking water can make to a child's life.

For information about countries that lack access to safe water please see the Introduction to Save the Children in the Supporting Resources booklet.

Saving lives bingo

It works just like ordinary bingo but the numbers mean a lot more than 2 fat ladies. The bingo pack in the supporting resources provides you with everything you need.

Taking it Further:

When you have finished your game of bingo you could have more in depth discussions about Save the Children's work using the information contained in the supporting resources.

Memory Game

Equipment:

- Tray
- Cut out pictures of Save the Children's life saving solutions i.e. mosquito nets, water filters, micronutrient peanut butter – examples

can be found in the supporting resources shopping list

- Pictures of other every day items

How to play the memory game:

Give the girls 30 seconds to memorise the items on the tray then remove one item and ask them to guess which is missing. Describe what the items are used for.



Mosquito tag

Game of tag where two girls are the mosquitoes. Some of the remaining girls are given a bead (to represent a mosquito net) to hide in their hand. Girls tagged by a mosquito 'catch malaria' and must leave the game. The girls tagged who are holding mosquito nets can stay in the game but need to pass the 'net' to another girl. The game will end when only those holding nets are left.



We're the world's independent children's charity. We're outraged that millions of children are still denied proper healthcare, food, education and protection. We're working flat out to get every child their rights and we're determined to make further, faster changes. How many? How fast? It's up to you.

Save the Children UK
1 St John's Lane
London, EC1M 4AR
Telephone +44 (0)20 7012 6400
Fax +44 (0)20 7012 6963

savethechildren.org.uk